

Part 3, Paper 107, Origin and ...of Thought, Solitary Messenger

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thought adjuster, Universal Father, spiritual growth, subtle guidance, virgin adjusters, supreme adjusters, divine fragment, free will, intuition, aha moments, human journey, cosmic advisor, fusion, divine guidance, spiritual evolution

SPEAKERS

John, Sarah

J John 00:00
Ever feel that pull towards something bigger, like a yearning for something more?

S Sarah 00:05
We all feel that, right? Well, today

J John 00:07
we're diving into the Urantia Book, and it has some pretty interesting ideas about that yearning, like this idea of a thought adjuster.

S Sarah 00:15
Ah, the thought adjuster. It's

J John 00:16
a pretty mind blowing concept when you really think about it,

S Sarah 00:19
it really is. The Urantia Book claims that a fragment of the Universal Father, a piece of the source of everything. Wait hold

source of everything. Wait, hold



John 00:28

on, a piece of the Universal Father, not just something created by the Universal Father. That's



Sarah 00:33

what it says, yep, a fragment existing within each of us. Okay, now



John 00:36

that's a lot to unpack. We're talking about a part of the Universal Father residing within our minds. I mean, that's not some vague higher power we're talking about here.



Sarah 00:44

No, not vague at all. It's pretty specific, and it makes you wonder if a piece of the Universal Father is invested in our growth, in your growth. What does that say about the potential of the human journey? Whoa,



John 00:58

okay, that's a big question. It kind of makes you look at your life, even just like the everyday stuff, a bit differently. It makes you think so, if this thought adjuster, this fragment of the Divine is inside us, what's it doing in there? Is it like, I don't know, a little voice telling us what to do?



Sarah 01:15

That's a common thought, but the Urantia Book is pretty clear that the adjuster doesn't work by controlling us. That's



John 01:21

good to know. Wouldn't want to feel like a puppet, right? No puppets



Sarah 01:24

here, but it does say it's there to help us grow spiritually, to become more Godlike.



John 01:30

J John 01:30
Okay, so not about control, but about helping us evolve. What does that even look like, though?
I mean, in a practical sense, well, the

S Sarah 01:36
book suggests it's subtle, like a nudge in the right direction, towards choices that align with our

J John 01:42
best selves. Subtle, huh? Not a booming voice, not quite.

S Sarah 01:45
More like a wellspring of wisdom always beside you, you know there to illuminate the path
toward your potential. I

J John 01:53
like that, illuminating the path, not dragging us down it, but more like subtly guiding us

S Sarah 01:58
exactly. It's like, imagine having a friend, someone incredibly wise and compassionate, and
their perspective is something you could never see on your own right, but they offer it freely.
That's kind of the adjusters rule, like your own personal cosmic advisor, something like that.
And this is where it gets even more interesting. Oh, how. So the Urantia Book talks about
different types of adjusters, types? Yeah, and it's not a hierarchy, like some are better than
others, but more like a classification based on their experience.

J John 02:28
Oh, interesting. Okay, so what kind of classifications are we talking about

S Sarah 02:32
here? Well, you've got your virgin adjusters for

J John 02:34
one version adjusters. What does that even mean? Well,



Sarah 02:37

they're brand new to this whole indwelling a human thing, it's their first time. Wow.



John 02:42

Can you imagine being a virgin adjuster, experiencing everything for the first time through a human's eyes? Talk about



Sarah 02:51

a learning curve, right? Thrown right into the deep end of human experience. Makes



John 02:55

you wonder what that would be like, what it would even feel like for them, and if they're learning just as much as we are, right?



Sarah 03:00

And then on the completely opposite end, you have supreme adjusters. These are the ones who've been through countless human lifetimes. They've seen it all,



John 03:08

so they're like the veterans of the adjuster world, exactly.



Sarah 03:11

They've witnessed the whole tapestry of human experience, The Good, the Bad, everything in between. Wow,



John 03:17

that's kind of mind blowing. If you have a supreme adjuster, it's like having this incredibly ancient being with you, all that experience, all that wisdom.



Sarah 03:27

It really makes you think, doesn't it? If they've been on this journey countless times before, what have they learned and could that shape the guidance they give us today? Okay

what have they learned, and could that shape the guidance they give us today? Okay,

J John 03:36

see now this is a lot to process. We're saying these adjusters are fragments of a pre personal God, but they can also, like, make choices and guide us. Isn't that kind of contradictory? Yeah,

S Sarah 03:49

it's a question that gets right to the heart of it, doesn't it? I mean, how can something be part of this ultimate unity, this one source, but still have its own individual will to, like, choose things, have goals,

J John 04:00

right? It's like saying a drop of water can decide which part of the ocean it wants to

S Sarah 04:04

be in exactly. It's a paradox. And you know, this is where the Urantia Book kind of throws up its hands a little bit. What do you mean? Well, it doesn't pretend to have all the answers. It basically says even highly evolved beings like way beyond us, don't fully understand the mysteries of the adjuster. So

J John 04:20

we're left with this. What this paradox? They're fragments of the Universal Father, capable of amazing things. But the book also says, Even it doesn't, doesn't know everything about how they work, pretty

S Sarah 04:32

much it's like they're saying, Look, we get it. It's a lot, but trust us, it's real. Okay,

J John 04:37

but how are we supposed to wrap our heads around that, especially as we go deeper into this stuff, right?

S Sarah 04:42

It's tricky. Maybe it takes a different way of thinking, like we're so used to thinking in opposites, something's either separate or it's merged one or the other. But what if the adjuster goes

something's either separate or it's merged one or the other. But what if the adjuster goes beyond those categories? Okay,

J John 04:53

now you've really lost me. What's that even mean? Practically speaking, if my adjuster isn't separate for. Me, but not totally merged with me, then what? What's the relationship?

S Sarah 05:04

Think of it this way. And the Urantia Book actually uses this analogy. Think of the sun's energy, right? It's not alive in the way we usually think about it, but it powers life. It influences everything, the weather, plants growing, everything. But it's not like the sun is making choices about it, right? Okay, I

J John 05:22

think I see where you're going with this.

S Sarah 05:23

It's like the adjuster operates on a level we don't get. We can see they do something, they have an effect, but the mechanics of it, how it all actually works, total mystery, even to like, super advanced beings. So

J John 05:35

it's like we're dealing with forces beyond our comprehension, which is kind of cool, but also kind of frustrating when you're trying to understand

S Sarah 05:43

it for sure, and maybe that's part of the point. It's about accepting that we don't know it all, that our human understanding is just a tiny part of something way, way bigger.

J John 05:52

It's like trying to understand the ocean by just looking at like one drop of water. Perfect

S Sarah 05:57

analogy. You can analyze that drop, but the ocean itself. That's a whole other level. Okay,



John 06:02

I can get behind that. So we might not get the how, but what about the what? How? Does this divine fragment, this adjuster, actually interact with our human minds, right? Right? Does it think for us override our thoughts? Yeah, I gotta say that always kind of freaked me out, a little like some sci fi horror



Sarah 06:20

movie, understandable, but the Urantia Book is really clear. On this one, the adjuster has a mind like quality, yes, but it's not your mind. It doesn't take over. No thought control going on here. Okay,



John 06:30

that's a relief. Free will is still a thing, even with a piece of the Universal Father hanging out in my head, absolutely 100%



Sarah 06:39

the book even says that human will has total precedence. You're in the driver's seat always. It's more like think of it as guidance, little nudge here and there, not a puppeteer yanking you around. Okay, well, that's



John 06:50

good to hear, but if it's not a separate voice in our heads, how does it make itself known?



Sarah 06:55

That is the million dollar question, and like a lot of things in the Urantia Book, the answer is a little mysterious, but it does give us some clues. Ooh,



John 07:03

like, what? How does this guidance actually show up in our lives? It's



Sarah 07:08

tough to explain, you know, like trying to describe a sunset to someone who's never actually seen one,

J John 07:13
I get it. Words only go so far, right?

S Sarah 07:16
But the book talks about intuition. Like, that's one way the adjuster communicates these little nudges, these flashes of insight that kind of appear out of nowhere. You

J John 07:24
ever get that feeling, yeah? You just know something is right, even if you don't know why

S Sarah 07:28
exactly, or those times when you're really struggling with a tough decision, then boom, clear as day, the answer just pops into your head. So

J John 07:37
you're saying those aha moments, yeah, those gut feelings we get could be our adjuster at work. Could be it's like

S Sarah 07:43
this gentle guidance pushing us ever so slightly towards a deeper understanding, makes

J John 07:49
you want to pay more attention to those moments, brushing them off.

S Sarah 07:53
It really does like, what if we started actually listening to that little voice inside, the one that speaks so quietly we often miss it.

J John 08:00
And here's the thing, it's not just about these little nudges. It's about something way bigger. This whole journey this dance between our own will and the adjuster's guidance it's all leading

This whole journey, this dance between our own will and the adjuster's guidance, it's all leading to something the Urantia Book calls

S

Sarah 08:14

fusion. Fusion. Yeah, that's where things get really interesting. This

J

John 08:18

idea that we in our limited human forms have the potential to actually merge with a fragment of the Universal Father, to become one with the Divine. It's almost too much to comprehend, like, what would that even be like beyond our

S

Sarah 08:31

understanding? That's for sure. But it makes you think you know our purpose for being here has to be something pretty amazing. If that's the end goal, it's

J

John 08:39

like this ultimate mystery, and even if we don't have all the answers, even if we never fully grasp it, there's a kind of comfort in that isn't there, knowing that no matter what life throws at us, we've got this piece of something incredible inside us, guiding us, supporting us, yeah,

S

Sarah 08:54

and reminding us that we're not alone in this vast, crazy universe. We've got a piece of the Universal Father right here with us.

J

John 09:02

So as we wrap up this deep dive into the Urantia Book and this wild concept of the thought adjuster, I think the biggest takeaway for me is a sense of wonder, this awareness that there's more to us than meets the eye, more than we can even imagine exactly, and maybe that's the point to keep asking those big questions, to keep searching, to keep diving deeper into these mysteries, until next time everyone you.